**Replant Cohort Session: The Gameplan**

**Cohort Session: Core Components**

**Opening & Session Overview (5 minutes):** Welcome, Direct the Cohort Members to the desired objectives and outcomes for this session, Prayer.

**Instruction (25-30 minutes):** Together watch the teaching video of the particular Foundation(s) for the session. If the Cohort Leader would rather teach the Foundation(s) themselves (not using the video) they can use the provided Teacher’s notes during this time. *NOTE: The actual instructional time should take roughly 30 minutes per Foundation being taught*.

**Quick Debrief (10 minutes):** The Cohort Leader willlead the Cohort in an initial discussion of key insights gained from the teaching/instruction time. (List on flip-chart or whiteboard).

**Discuss & Develop (30 minutes):** Guide Cohort through the discussion questions and exercises to stimulate thinking and work toward application.

**Wrap Up (5 minutes):** Review the key insights of this session and announce any assignments for the next gathering, pray and dismiss.

**Cohort Session: Time Allotment**

The time of each session will be directly related to the number of Foundations being taught and discussed. **Leaders should plan for roughly 1-1½ hours of instruction and discussion per Foundation.** The material can be used as a weekly gathering focused on one Foundation (1-1½ session), a bi-weekly gathering focused on two Foundations (2-3 hour session), or it can be used in a monthly cohort gathering format (4-6 hour session). Have the facilitator schedule in breaks as needed.